

MONDAY NIGHT SOLUTIONS

WHEN LOVE LISTENS
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Think you're a good listener? It's possible you are, however, many of us don't really listen well. It may sound simple to do, but so many factors affect how a conversation will go. We can react in ways we're not even aware of, and the other person may not feel heard despite our best intentions. Join us as we take you beyond speaking the language of love to the art of listening in love.

OUTLINE

Introduction

#1. What listening really is about

#2. The two great benefits of listening

a. To the lover

b. To the lovee

#3. Surrendering judgment to the other

#4. Listening in levels

#5. How listening breaks down

#6. Keys and tips

DVD small group discussion questions:

1. Why is listening necessary to loving and being loved?
2. How has a lack of being heard affected your love life?
3. What listening level do you need to work on?
4. What is your biggest obstacle in the listening process?