

MONDAY NIGHT SOLUTIONS

“NO” IS A SEXY WORD
DR. HENRY CLOUD

SEPTEMBER 27, 2004 MNS-669

When you think of sexy words, chances are that “no” doesn’t come to mind. It is commonly thought that saying “yes” is what encourages intimacy and love, but that’s not always true. “No” has a powerful effect when it is used correctly. Come to Solutions to find out how “no” could be your ticket to intimacy.

OUTLINE

Introduction

#1. Freedom equals passion

#2. Yes, and I really mean it!

#3. The price goes up

#4. You get what you tolerate

#5. Remind me again why I should love you

#6. You can overcome the obstacles

DVD small group discussion questions:

1. What fears get in the way of my freedom?
2. What fears get in the way of my liking other people's freedom?
3. What will I do and where will I go to get help to overcome my fears?