

Outline

Hoarding: The Pain of Clutter

Hoarding has received a great deal of attention recently; there have been numerous TV shows and articles devoted to this topic. While it may be interesting to watch or read about, living with the problem is distressing and often overwhelming. Depending on the severity, hoarding can interfere with your ability to have close and meaningful relationships, and disrupt your normal family life. All the “stuff” gets in the way! Dr. Townsend will unpack the deeper issues behind hoarding and help us understand the reasons why people hoard and how to find help. If you or someone you know struggles with hoarding, there are answers for you!

DVD Small Group Discussion Questions:

#1: Do you find you have negated feedback about the problem?

#2: Have you minimized the people in your life who have talked with you about the problem? Have you prayed about it?

#3: Which step do you need to take?