

Outline

How to be a Person who Attracts Others

Why do some people tend to draw healthy people to them, while others draw unhealthy people into their lives? It really does have to do with you! We all have the ability to attract others, but it is important to think about this attraction factor. Our attitudes, our energy level, how we communicate, what we say, and our clarity of purpose are just a few of the things that act as a magnet to others. If you want to attract a certain kind of person, it is important to understand some of the signals we send out which draw people to us. Dr. Townsend will give us some key traits to consider as we evaluate our ability to attract the kind of people we want in our lives

DVD Small Group Discussion Questions:

#1: What has not worked for you in the past in attracting the right people?

#2: Have you been a people pleaser? A performer?

#3: Which of the four components do you need to work on (warmth, autonomy, clarity, or identification)?