

Outline

Understanding

Dr. Cloud unpacks the value and need for understanding other people on a few different levels. Truly understanding will help improve all of our relationships because it allows us to connect in new ways. He provides a variety of examples to help us understand the need to be better listeners and also to communicate that we really understand. Join Dr. Cloud and you will learn some new ways to listen and communicate.

Small group discussion questions:

1) What do I do now? What is my current pattern

2) Where and how do I need to show understanding? How will I do things differently

3) Where can I acquire understanding for myself?