

MONDAY NIGHT SOLUTIONS

WHAT LOVE LOOKS LIKE
DR. JOHN TOWNSEND

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Do you know what a good relationship looks like? You may never have seen one up close, or you may not have had one that included all the components of a healthy relationship. How can you begin to create something for yourself when you have only a fuzzy image of it in your head? Join us—we'll give some definition to your picture of "what love looks like," so you can begin building relationships based on a model that works.

OUTLINE

Introduction: You need a picture of what good relationships consist of

#1: Grace and love

#2: Valuing the other's differing thoughts and feelings

#3: Honesty and ownership

#4: Acceptance, but also a push for growth

#5: Reality wins

Conclusion

DVD small group discussion questions:

1. Where did you learn unworkable ideas of relationships?
2. How did these ideas affect your life and connections?
3. How do you know when differing emotions are valued or not?
4. How can you accept someone and still push them to grow?