

MONDAY NIGHT SOLUTIONS

THE TIES THAT BIND
DR. JOHN TOWNSEND
AUGUST 2, 2004 MNS-662

Thriving relationships are rooted and grounded in our ability to connect. A good connection binds us to other people, allowing us to experience amazing love. Sounds easy, right? But it isn't! Sadly, more people struggle with connection than with any other facet of life. This Monday Night Solutions presentation will show you how to strengthen your ties to all the people you care about. We promise you will find answers that move you closer to your own experience of amazing love.

"Most people want to connect at deep levels but don't have the tools. The tools are gettable."

(John Townsend)

OUTLINE

Introduction: Have you ever had a "disconnected connection"?

#1. The essence of attachment and connection

#2. Why you need it

#3. What breaks down

#4. Repairing the breaches

#5. Strengthening your relational ties

DVD small group discussion questions:

1. What would you like to experience in terms of closeness and intimacy with someone?
2. What tends to go wrong?
3. What past experiences can you identify that keep you from being the connector you want to be?
4. What sorts of things have you done to avoid getting into healing and growth in those areas?
5. What resources are available to help you become the connector you were designed to be?