

MONDAY NIGHT SOLUTIONS

SEX NIGHT FOR SINGLES
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We thought it time to address this hot topic. Sex and Singles—without a doubt, this is a subject of great interest to singles everywhere, and since there seems to be so much controversy over it, we have decided to weigh in on it. We are going to devote one whole night to sex! Don't miss this special evening. We will talk about sex—when it's okay and when it's not—and we will answer any question you are brave enough to ask!

OUTLINE

#1. "Sex" and "single"—oxymoron?

#2. Sex can't be understood in a vacuum.

#3. OK, let's talk about "How far can I go?"

#4. What about sex in the dating connection?

a) Self control problems

b) Values differences

#5. What is the role of love and honesty?

Conclusion

DVD small group discussion questions:

1. How has sex affected your life as a single?
2. What sorts of past baggage may have influenced things for you today?
3. How can you integrate being a sexual being with also being responsible?
4. What triggers are you aware of that sidetrack you sexually?