

MONDAY NIGHT SOLUTIONS

LOVE'S SLIPPERY SLOPE
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AUGUST 23, 2004 MNS-665

Life seems good...then you meet someone who seems right for you, and Wow!—suddenly life seems even better! Once in the relationship, however, you find yourself slipping back into some of your less-than-healthy ways of relating, and problems surface. Ever wonder why? There are indeed reasons, and until you understand them, you have little chance of making a relationship work. Don't go skidding down "Love's Slippery Slope"—come to Solutions and get your feet on solid ground.

OUTLINE

#1. I was just floating along when...

#2. It was great until...

#3. The reenactment from those old parts

#4. Getting aware

#5. Doing something different

#6. The problem areas

#7. Enjoying the journey

DVD small group discussion questions:

1. How am I floating at present? Is that a new way or an old way?
2. What are the first signs for me that something is an old pattern, or a fear pattern?
3. What behaviors do I need to change?
4. What can I replace them with?
5. Who will help me?