

# MONDAY NIGHT SOLUTIONS

WHEN LOVE SPEAKS  
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Talking to a loved one can be fun and fulfilling, but it can also be fraught with potential problems when the topic is touchy. It's important to be able to say what you really mean, and to say it in words that your loved one can relate to. The ability to speak honestly from your emotional self is a critical skill to learn as you begin to master the language of love.

## OUTLINE

#1. The need

#2. The options

a)

b)

c)

#3. The obstacles

a)

b)

c)

#### #4. The path

a)

b)

c)

d)

e)

f)

#### **DVD small group discussion questions:**

1. Do you believe in the need?
2. Have you ever experienced the need? When?
3. What obstacles can you identify in your style?
4. What part of the path do you need to do better?
5. How will you get there?