

# MONDAY NIGHT SOLUTIONS

MAKE FIGHTING FUN!  
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Unloving or careless words can turn a harmless conversation into a declaration of war. When a fight erupts, some of us immediately want to run, while the rest of us are ready to go at it! Since fighting is a normal part of relationships, we need to learn how to do it well. Some battles can be fought more productively and some avoided altogether when we use our love language. Fighting can create real intimacy. Come and learn how to preserve love and have fun fighting!

## OUTLINE

### **Introduction**

#1. Why we fight

#2. How good fighters fight well

#3. Obstacles to watch out for

#4. Tips along the way

**DVD small group discussion questions:**

1. Looking back over your past, what are some of the negative reasons you've had for fighting?
2. How can you fight in a relationship-enhancing way?
3. What problems should you look out for?
4. What is a practical takeaway for you to work on this week?