

## LOVE: PAST, PRESENT, AND FUTURE Dr. Henry Cloud

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Our love language is colored by the experiences of the past, so it is important to understand how the past affects our current relationships. Monday Night Solutions will offer a fresh perspective on the past and solid instruction on how to insure better relationships in the future. You don't have to repeat the same old mistakes—you can get past the influences of the past, and enjoy a fulfilling relational future!

Outline	
#1. It is true: Some things feel good, others don't.	
#2. The problem with some things feeling good and others not so good.	

#3. Some things really do matter.

#4. Learning to have both in a good way.

## **DVD** small group discussion questions:

- 1. What feels the most loving to me?
- 2. Is what feels loving to me healthy or unhealthy? Or both?3. What are some ways I need to be loved that I have not been open to?
- 4. Where can I go and find that love in non-romantic ways?