

MONDAY NIGHT SOLUTIONS

PULL THE TOOTH/PLAY THE MOVIE
DR. HENRY CLOUD

NOVEMBER 8, 2004 MNS-675

The second of the Nine Things successful people do is “Pull the tooth.” Once a tooth goes bad, no amount of chewing on the other side will hide the nagging hurt. We must either fill the cavity or pull the tooth. Come and find out how this applies to the way you live, and how it can free up space and energy for exciting, new opportunities. The third of the Nine Things is “Play the movie.” “Look ahead,” Dr. Cloud tells us, “and stay aware of how each scene contributes to the movie’s ending.” It may sound like a simple matter of understanding cause and effect, but there’s more to it than that. What is the question wise people seek to answer as they face each new choice and challenge?

OUTLINE

Part One: Principle 2, “Pull the Tooth”

#1. The brain drain

#2. Level One—Not the best

#3. Level Two—The Big Leagues

#4. Success depends on two factors

#5. The brain drains at the wrong time

#6. When to let go

#7. The cringe factor

#8. This does not negate longsuffering and the like

DVD small group discussion questions:

1. What things taking up space in my life are okay, but not the best?
2. What things taking up space in my life are truly negative?
3. What fears do I have of dealing with these things?
4. What steps can I take, and with whose help, to pull the teeth?

PULL THE TOOTH/PLAY THE MOVIE
OUTLINE

Part Two: Principle 3, “Play the Movie”

#1. Go to the movies

#2. The future will come

#3. Two sides of the same coin

#4. Help along the way

#5. Big and small

#6. Where movies take place

#7. Write a good one

DVD small group discussion questions:

1. What does the movie look like now, so far, in the areas you care about?
2. What does the movie look like if you continue doing what you are doing?
3. What do you want it to look like in these areas?
4. What steps will you take and with whose help?