

MONDAY NIGHT SOLUTIONS

RESOURCES: ACTIONS
AND THE PROCESS
DR. JOHN TOWNSEND

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Resources: Actions, and the Process Sometimes, when dealing with a button pusher, love and words aren't enough—the person doesn't respond to what you ask for. What then? As we wrap up our series "Who's Pushing Your Buttons?" we'll explore two more valuable resources available to us: our actions, and the process of time. Dr. Townsend will arm us with a wealth of practical steps, boundaries, and consequences we can apply to difficult situations. He'll also answer a key question—how can we use time to advantage to help move our button pushers towards needed change? MNS-683

OUTLINE

1. Introduction

2. Your Actions
 - a. The story of Tom and Andrea (p. 139)

 - b. The Power of Actions

 - c. Determining Appropriateness

 - d. The logistics of consequences

 - e. God and consequences

3. The Process

a. Time-outs (p. 163)

b. The Right Kind of Time is On Your Side

i. Persistence

ii. Victim-persecutor dynamic

iii. When you see results

4. IV. Conclusion

Discussion questions:

1. What is your biggest conflict about putting actions with your words?
2. How can you determine the most appropriate and loving consequence to apply with your button-pusher?
3. Why does time alone not heal the situation?
4. What can you do to leverage time in a redemptive way with your difficult person?