

MONDAY NIGHT SOLUTIONS

I JUST WANNA BE LOVED
DR. JOHN TOWNSEND

FEBRUARY 28, 2005 MNS-688

Are you tired of being upset or hurt by the people in your life? If so, you will want to join us for this presentation. Picking up where we left off last week, we will finish unpacking the reasons why we choose unsafe relationships. There are many, and we will examine these. Some are more alluring than others—"romanticizing" and "defensive hope," to name just two, and these two alone are enough to keep you trapped. You can break free, but you must search out real answers and avoid the many false solutions people have tried or are tempted to try. So don't give up on that relationship just yet—come and hear some real solutions to those difficult relationship problems. MNS-688

OUTLINE

1. Why Do I Choose Unsafe Relationships?

Why Can't I Find Safe People?

Inability to Judge Character

Isolation and fear of Abandonment

Defensive Hope

Unfaced Badness

Merger Wishes

Fear of Confrontation

Romanticizing

Need to Rescue

Familiarity

Victim Role

Guilt

Perfectionism

Repetition

Denial of Pain and Perceptions

A Necessary Part of Sanctification

2. False Solutions

Who Qualifies?

The Seven "Doings"

Doing the Same

Doing the Opposite

Doing too Much

Doing Nothing

Doing for Others

Doing "Cosmetic Personality Surgery"

Doing Without

Discussion questions:

1. Which of the reasons we choose unsafe people do you resonate with? Why?
2. What are you learning about discerning character that is different from your past patterns?
3. Have you ever been caught up in the "doing too much" dance? What were you thinking?
4. In terms of "doing without", have you noticed that your relational needs always find an object: wrong person, wrong habit, or wrong attitude? What has yours been?