Monday Night Solutions

CLOSE TO YOU Dr. Henry Cloud

APRIL 4, 2005 MNS-693

To produce more love, you need two people who are totally committed to drawing close to one another. Both people must be available to one another; otherwise, closeness is lost and sooner or later breaks down altogether. While you may long for this closeness, wanting it and getting it are worlds apart. So what can you do about it? And what if your partner is not as invested in the relationship as you are? What you need to learn is how to draw close in such a way that the other person feels drawn to move toward you. There is also a balance between not enough closeness and too much—you should be able to achieve closeness without losing yourself in the process. MNS-693

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1.	The	Need

2. 2 Kinds of Closeness

3. The Problems – What, Who, Where and When

4. False = lust = loss

5. True = love = satisfaction

6. Me First

Discussion questions:

- How well do you do at being true?
 How well do you do at picking people who can be true?
- 3. Which of your "w's" need work?
- 4. Who will you talk to about this?