

MONDAY NIGHT SOLUTIONS

TRADING PLACES
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Being able to understand another person's world is critical. You may be thinking, "Well, sure—I know plenty about his (or her) world!" But to what extent are you able to get inside the other person's heart, seeing and feeling things as that person does? If you will learn to "trade places" (figuratively, of course), you'll be amazed at what this will do for you and your relationship! We predict that as you gain a deeper understanding of the other person's world, both of you will begin to experience more love. Sound good? Then don't miss out on this important ingredient of relational success! MNS-694

OUTLINE

1. You'll never receive the love you want, until you can get inside the other's world and heart.

2. What things are inside the heart?

3. The two skills

a. Suspending your point of view

b. Drawing out the other person

4. What do I do when I get inside (how do I not screw things up)?

Discussion questions:

1. Have you ever been on the other side of this problem, and had someone who didn't get inside your world? What was your experience of that?
2. Which of the contents of the heart do you most need to connect with in your relationship?
3. Which of the two skills do you need to work on most, and why?
4. How do you know when it's time to get into reality after the connection?