Monday Night Solutions

GOOD ENOUGH Dr. Henry Cloud

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If you want your relationship to thrive and grow, you'll need this essential ingredient in the mix. Acceptance, when you give it freely, promotes feelings of safety and trust in those around you. People who feel "good enough" when they are with you can relax. They can freely contribute their unique gifts, observations, and opinions without fear of being judged or laughed at, and the love between you will flourish. Without acceptance, the relationship is guaranteed to stagnate or even deteriorate. But with acceptance in the mix, you will have a long line of people clamoring to know you better!

Outline

Acceptance - Why We Need It

Three Possibilities

What Gets In the Way

What It Is Not

What We Are Not

What It Looks Like

Grace

Truth

Time

Integration

Sometimes Structure Is Needed