

# MONDAY NIGHT SOLUTIONS

AFFAIR OF THE MIND  
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Nowadays, almost everybody knows of someone who has been devastated by a spouse's unfaithfulness. Having an affair has disastrous effects: not only does it blow up the person's marriage, but the children, extended family, and friends all experience the fallout. How does an affair capable of wreaking all this havoc begin? What are the reasons that people become involved in extramarital affairs? You might be surprised at the answer. You might also be surprised to learn that there are ways to "affair-proof" your relationships. If you'd like to know what they are, join us for "Affair of the Mind."

## OUTLINE

1. Designed for union, not division

2. Affairs: Less about sex, more about the soul

3. If it's happened: repairing and Healing

4. If it hasn't: preventing

**Discussion questions:**

1. What aspects of the union of a relationship are the most important to you?
2. What cracks in your union have you experienced?
3. What are your own steps to healing and repair?
4. What can you do to prevent unfaithfulness in your relationship in the future?