

# MONDAY NIGHT SOLUTIONS

ANALYZE THIS AND THAT  
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Ever been in therapy? Or maybe you're considering going? Almost invariably, the reason for going to see a therapist has to do with relationship, even if there's a clinical issue involved, such as depression or anxiety. Wouldn't you love to get a sneak peek at how a therapist views a relationship problem? Now is your chance! Join us for a glimpse into the workings of a therapist's mind—you'll gain a valuable insight into the therapeutic process. What you learn may help you analyze your own situation. MNS-711

## OUTLINE

1. The Problem We Think We Have

2. The Wish

3. The Realities

4. The Big Hope

5. The Path