

QUARANTINE YOUR WEAKNESSES Dr. Henry Cloud

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If your goal is to NOT succeed, you have it made: no need to find new ways to fail—the old ways are working just fine! Absurd, you may say. Who would want to fail? However, we sometimes beat a well-worn path to failure when we really need to blaze a new trail to success! If you truly want to overcome in the areas you struggle with, it may be time to try something different. Whether the problem is a difficult relationship, a weight problem, out-of-control finances, or a general lack of discipline, you will benefit by discovering how to "quarantine your weaknesses" so you can finally succeed. Learn a new approach to an old problem!

OUTLINE

1. What Failure Is

2. The Fantasy About Success

3.	The Reality About Failure
4.	Patterns Of Failure
5.	Stop The Bleeding