

# MONDAY NIGHT SOLUTIONS

I LOVE YOU...NOW CHANGE!  
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"I love you... Now change!" You may never have heard those exact words, but you may very well have received that message, loud and clear. You begin a relationship, and things seem close to ideal between the two of you; then you begin to feel pressure from your partner to be or do something different. You ignore it, but the nudges turns into nagging, and the nagging turns into overt control. "Hold on!" you say, "I didn't sign up for this!" If you are wondering where to go from here, try Solutions. We can help you plan your strategy to handle this kind of pressure, whether it shows up in a new relationship, or a relationship of many years. MNS-717

## OUTLINE

1. Love, Acceptance and a Push for Growth and Change

2. A Push, without Acceptance, is a Problem

3. Forces that Keep Relationships Stuck in this Dance

4. Steps to Resolve Matters