

MONDAY NIGHT SOLUTIONS

HEART OF GLASS
DR. JOHN TOWNSEND
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The heart is the most important organ in the human body—its steady beat keeps us alive. Yet in the Bible, the word “heart” stands for far more than this vital physical function. Hundreds of verses describe our emotional and spiritual condition by referring to the heart: we are said to be kindhearted, wholehearted, pure in heart, brokenhearted, and the list goes on. If we’re not careful, we can become “hardhearted”— when we’re hurt or disappointed over and over, we may allow our hearts to become like glass, cold and unyielding. This evening at Solutions, we’ll show you how letting love back in can change a heart of glass into a heart of flesh, warm and loving, as it was created to be. MNS-718

OUTLINE

1. Healthy Relationships Are Impossible Without Healthy Hearts

2. When and How Our Hearts Turn to Glass

3. Making the Choices that Open Our Hearts Back Up

4. Remember these tips and strategies