

MONDAY NIGHT SOLUTIONS

TOO CLOSE FOR COMFORT
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NOVEMBER 7, 2005, MNS-720

Where are you on the continuum when it comes to needing closeness with others? Do you typically want more time with them than you are getting? Or do they, more often than not, want more of you than you're willing to give? Either scenario can cause friction. So which attitude is the healthier one? Is it simply a matter of preference, or is one of you being selfish or too needy? These are important questions, and the answers are available at Solutions. Whether you are concerned about a significant other, a spouse, or a maturing child, you need to know how to evaluate what is "too close for comfort."

OUTLINE

1. Isn't Close Good?

2. When It Goes Bad

3. Why We Struggle From Both Sides

4. How To Fix It