

# CCN WEEKLY SOLUTIONS SERIES THE WEEK OF JUNE 18, 2007





# "Creating Extraordinary Relationships: Unlocking Potential"

Dr. John Townsend

Psychologist
Best-selling co-author of Boundaries series,
author of Hiding from Love

#### Introduction

#### The Keys to Unlocking Potential Rest in What You Do Today

Proverbs 24:14

"Know also that wisdom is sweet to your soul; if you find it, there is a future hope for you, and your hope will not be cut off."

#### What is Potential?

An undeveloped capacity for something.

#### **Categories of Potential**

Talents and Gifts

Career

Being Whole

#### **Potential in Relationships**

### **Obstacles in Reaching Potential**

	The Potential is Unseen
	Being Passive in Reaching Potential: Stuck - Complacency - Fearful
	Lack of Resources/Support
The Path in Reaching Potential	
	Vision
	People
	Deal with Baggage
	Take Steps

# Next Week on "Solutions" "Giving Up the Blame Game" Resources:

#### **BOOKS:**

## How to Have that Difficult Conversation You've Been Avoiding

By Drs. Henry Cloud and John Townsend www.zondervan.com

#### Changes that Heal

By Dr. Henry Cloud www.cloudtownsend.com

#### Hiding from Love

By Dr. John Townsend www.zondervan.com

#### How People Grow

By Drs. Henry Cloud and John Townsend www.zondervan.com



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