



CCN WEEKLY SOLUTIONS SERIES  
THE WEEK OF FEBRUARY 6, 2006



**“Creating Extraordinary Relationships:  
Give Up the Blame Game”**

**Featuring:  
Dr. Henry Cloud**

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## **What is Blame?**

Definition: To assign responsibility for a fault or a wrong

## **What is the Issue With Blame?**

Blame gets us further from the solution

## **How Did We Get This Way?**

It is our nature

We were designed with an equal amount of:

- Freedom
- Control
- Responsibility
- Love

## **How Do We Stop Blaming?**

Take responsibility

Get the control back!

In every interaction ask: “What am I contributing to this?”

## Next Week on “Solutions”

### “Step Into My World”

Featuring Dr. John Townsend

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#### Resources:

##### **BOOKS:**

###### **Rescue Your Love Life**

By Dr. Henry Cloud and John Townsend  
www.integritypublishers.com

###### **How People Grow**

By Drs. Henry Cloud and John Townsend  
www.zondervan.com

###### **9 Things You Simply Must Do**

By Dr. Henry Cloud  
www.integritypublishers.com

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