CCN WEEKLY SOLUTIONS SERIES
THE WEEK OF FEBRUARY 20, 2006

SOLUTIONS
real people, real life

"Learning the Language of Love: Listening in Love"

Featuring:
Dr. John Townsend

Visit CCN on the web at: www.ccn.tv

I. The Importance of Listening

A. Proverbs 20:5

B. Definition of Listening

An active process that has two results:
1. You understand the person's perspective and emotions
2. They know that you understand

II. The Purpose of Listening

A. Connection

B. Solving Alienation

C. Solving Problems

Prov 18:13

III. The Obstacles to Listening

A. Holding onto my POV

B. Fear That Listening is Agreeing

C. Fear of Doing it Wrong

D. Over Identification

E. The Hovering “But”

F. Fear of “Opening the Fire Hydrant”

IV. Skills Necessary to Listening

A. Give Full Attention

B. Learn to Validate

C. Allow Silence

D. Ask Active Questions

1. Questions about: understanding

2. Questions about : clarifying emotions

Next Week on "Solutions"

"Learning the Language of Love: Let Love Do the Talking"

Resources:

BOOKS:

Rescue Your Love Life
By Drs. Henry Cloud and John Townsend
www.integritypublishers.com

How People Grow
By Drs. Henry Cloud and John Townsend
www.zondervan.com

Hiding From Love
By Dr. John Townsend
www.zondervan.com

Contact Information:

Dr. John Townsend
Cloud-Townsend Resources
3176 Pullman Street, Suite 105
Costa Mesa, California 92626
Phone: 800-676-4673
Web: www.cloudtownsend.com

Church Communication Network
PO Box 1718
Mt. View, CA 94042
Phone: 800-321-6781
Fax: 650-745-0660
Email: ccninfo@ccnonline.net
Web: www.ccn.tv