



CCN WEEKLY SOLUTIONS SERIES
THE WEEK OF FEBRUARY 27, 2006



**“Learning the Language of Love:
Let Love Do the Talking”**

**Featuring:
Dr. Henry Cloud**

I. Introduction

Definition of Dysfunction

Dysfunction is when you make an attempt to communicate, you get farther away than when you started

II. How the Communication Breaks Down

A. Fear: We Fear Sharing Because We Believe Sharing Isn't Safe

B. Lack of Communication Skills

C. Overwhelming Experiences

D. Not Feeling Your/Their Desires Are Worthwhile

III. How Do We Fix the Breakdown?

A. Learn to Listen

Problems:

- Invalidation
- Sorting by Self

B. Stop Lying

Definition: When you leave someone with a perception other than the truth

C. Be Direct

Ex. I think, I want, I like, I feel

D. Balance Grace and Truth

Next Week on “Solutions”

“Learning the Language of Love: The Fine Art of Fighting”

Resources:

BOOKS:

Rescue Your Love Life

By Drs. Henry Cloud and John Townsend
www.integritypublishers.com

How People Grow

By Drs. Henry Cloud and John Townsend
www.zondervan.com

9 Things You Simply Must Do

By Dr. Henry Cloud
www.integritypublishers.com

Upcoming Broadcast:

“Integrity: The Courage to Meet the Demands of Reality”

Featuring Dr. Henry Cloud

And Interviews with Ken Blanchard, Bill Hybels, John Maxwell, Zig Ziglar, and Ronnie Lott

Live Tuesday March 7, 2006

(Rebroadcast March 12, 2006 & April 20, 2006)

For more information, visit www.integritybroadcast.com

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