



CCN WEEKLY SOLUTIONS SERIES  
THE WEEK OF MAY 8, 2006



**“This Thing Called Love:  
Two Become One”**

**Featuring:  
Dr. John Townsend**

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## **I. Introduction**

## **II. Ingredients of Successful Marriages**

### A. Made Up of 2 People Who Have Left Home

Leaving is necessary for cleaving

### B. Without the Heart You Have Nothing

In a good marriage you have to make the heart #1

Things unravel when the heart get disconnected

### C. Passion

In a bad marriage, passion is directed towards the fantasy

In a good marriage, passion is directed towards the real person

D. Have a Language of Confrontation

Be able to connect without the fear of losing love

E. Always Give More Than You Think You Should

F. Get Out of Over-Dependency on Your Spouse

### **III. Tips for Successful Marriages**

A. Regularly Go for the Connection

- How are you doing?
- How are you feeling?
- How are we doing?

B. Observe the People with Good Marriages

C. Take the Initiative

D. Get Help Before the Crisis

## Next Week on “Solutions”

### “The Emotional and Spiritual Connection: Seeing the Big Picture”

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## Resources:

### BOOKS:

#### Rescue Your Love Life

By Drs. Henry Cloud and John Townsend  
[www.integritypublishers.com](http://www.integritypublishers.com)

#### How People Grow

By Drs. Henry Cloud and John Townsend  
[www.zondervan.com](http://www.zondervan.com)

#### Hiding From Love

By Dr. John Townsend  
[www.zondervan.com](http://www.zondervan.com)

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## Contact Information:

#### Dr. John Townsend

Cloud-Townsend Resources  
3176 Pullman Street, Suite 105  
Costa Mesa, California 92626  
**Phone:** 800-676-4673  
**Web:** [www.cloudtownsend.com](http://www.cloudtownsend.com)

#### Church Communication Network

PO Box 1718  
Mt. View, CA 94042  
**Phone:** 800-321-6781  
**Fax:** 650-745-0660  
**Email:** [ccninfo@ccnonline.net](mailto:ccninfo@ccnonline.net)  
**Web:** [www.ccn.tv](http://www.ccn.tv)

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