



CCN WEEKLY SOLUTIONS SERIES
THE WEEK OF MAY 15, 2006



**“The Emotional and Spiritual Connection:
Seeing the Big Picture”**

**Featuring:
Dr. Henry Cloud**

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I. Introduction

Universality of Suffering: We aren't the only ones with these problems

Emotional problems are spiritual in nature

II. Spiritual Issues That Affect Our Emotions

A. Act 1- Creation: We are designed to work in a certain way

1. We are designed for a relationship with God and each other

2. We are designed to be in control of ourselves

3. We are designed to be non-judgmental

4. We are designed to be dependent on God as our source of everything

5. We are designed to be under God's authority

B. Act 2 - The Fall: We want to be God instead of ourselves

1. We become disconnected
2. We give up control and freedom
3. We feel like we are not good enough
4. We have no one to depend on
5. We make up our own rules and become out of control

C. Act 3 - Redemption

1. Redemption = Reconciliation
2. Reconciliation means things are made right
3. We need to be humans, not God

Next Week on “Solutions”

“The Emotional and Spiritual Connection: Dark Night of the Soul”

Resources:

BOOKS:

Rescue Your Love Life

By Drs. Henry Cloud and John Townsend
www.integritypublishers.com

How People Grow

By Drs. Henry Cloud and John Townsend
www.zondervan.com

9 Things You Simply Must Do

By Dr. Henry Cloud
www.integritypublishers.com

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NewLife Ministries

New Life Ministries is a fully-equipped resource for the treatment of mental and spiritual health issues.

www.newlife.com

Contact Information:

Dr. Henry Cloud

Cloud-Townsend Resources
3176 Pullman Street, Suite 105
Costa Mesa, California 92626
Phone: 800-676-4673
Web: www.cloudtownsend.com

Church Communication Network

PO Box 1718
Mt. View, CA 94042
Phone: 800-321-6781
Fax: 650-745-0660
Email: ccninfo@ccnonline.net
Web: www.ccn.tv