



CCN WEEKLY SOLUTIONS SERIES
THE WEEK OF AUGUST 7, 2006



**“Solutions For Life:
Balancing Work and Life”**

**Featuring:
Bill Butterworth**

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I. Introduction

Balance = Dynamic Equilibrium

We struggle with balance because there are good things in our lives

II. A Day in the Life of Jesus: What a Balanced Life Should Look Like

A. Mark 6:6

Jesus taught = Task

B. Mark 6:7

Jesus interacted = Relationship

C. Mark 6:31

Jesus found time alone = Privacy or quiet time

III. A Day in My Life

A. Attention = Task

What is my mission?

Why do I work?

B. Connection = Relationship

Are my relationships more about giving or getting?

C. Reflection = Quiet Time

Read the Bible

D. Balance is a spiritual issue

Pray

IV. The Priorities Triangle

Next Week on “Solutions”

“Key to Intimacy- Trust: Once Burned, Twice Shy”

Resources:

BOOKS:

Balancing Work and Life

By Bill Butterworth

Rescue Your Love Life

By Drs. Henry Cloud and John Townsend
www.integritypublishers.com

How People Grow

By Drs. Henry Cloud and John Townsend
www.zondervan.com

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www.newlife.com

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