



CCN WEEKLY SOLUTIONS SERIES
THE WEEK OF SEPTEMBER 25, 2006



**“Relationship Myths:
Forget About It!”**

**Featuring:
Dr. Henry Cloud**

I. Introduction

What does the past have to do with today and tomorrow and what can we do about it?

II. Areas of Life

1. Clinical

2. Relational

3. Functional

III. Misunderstandings About the Past

1. The past is really something

2. What happened in the past is who we are today

3. Things are missing in our development

IV. How the Past Affects Us

1. We act or react in current relationships out of unresolved pain from the past
2. We repeat patterns from the past
3. We live out actual structures from our past
4. There is a lack of forgiveness from the past
5. We feel guilty or ashamed about our past

V. Tips for Dealing with Our Past

1. Talk about the past
2. Observe the patterns
3. Listen to your structures
4. Get a new family

Next Week on “Solutions”

“Unlocking Love’s Door: Where Are You?”

Resources:

BOOKS:

Rescue Your Love Life

By Drs. Henry Cloud and John Townsend
www.integritypublishers.com

How People Grow

By Drs. Henry Cloud and John Townsend
www.zondervan.com

9 Things You Simply Must Do

By Dr. Henry Cloud
www.integritypublishers.com

Sponsored In Part By:



NewLife Ministries

New Life Ministries is a fully-equipped resource for the treatment of mental and spiritual health issues.

www.newlife.com

Contact Information:

Dr. Henry Cloud

Cloud-Townsend Resources
3176 Pullman Street, Suite 105
Costa Mesa, California 92626
Phone: 800-676-4673
Web: www.cloudtownsend.com

Church Communication Network

PO Box 1718
Mt. View, CA 94042
Phone: 800-321-6781
Fax: 650-745-0660
Email: ccninfo@ccnonline.net
Web: www.ccn.tv