CCN WEEKLY SOLUTIONS SERIES THE WEEK OF OCTOBER 23, 2006



"Unlocking Love's Door: Who's the Boss"

Featuring: **Dr. Henry Cloud**

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I. Introduction

In a relationship one person assumes the boss/parent role and the other assumes the child role

II. Where This Comes From

- A. We are drawn to the opposite kind of people
- B. Some things were unfinished in our own development
- C. Relational field between 2 people; one person is stronger than the other

III. Why This Problem Exists

- A. One person is trying to guard the relationship from the effects of the other and trying to manage the other
- B. One person thinks the problem is all about the other person

IV. How to Resolve the Parent/Child Problem

- A. Nagging the person It doesn't work!
- B. Prepare yourself Get in the right attitude
 - Act justly: Actively confront the problem
 - Love mercy: I'm for you, not against you
 - Walk humbly with God
- C. Decide if the timing is really right to address this?

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D.	C	larify	vour	motives
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- Their behavior could be hurting you
- Their behavior could be hurting themselves
- Their behavior could be hurting your relationship
- Their behavior could be hurting somebody else
- E. Understand before you go into a non-nagging conversation there are 3 different possible reactions you are going to get:
 - They can rise up and call you blessed
 - They can get defensive
 - They can retaliate
- F. Choose the right time and place
- G. Monitor your shades of intensity
- H. Make a difference in these behaviors between what you prefer and what might actually be something that is wrong
- I. Talk about love as the goal
- J. Focus on the problem itself
- K. Ask them about their side of it
- L. Request specific changes
- M. Talk about the effect it has on you, not their problem
- N. Plan what you should do if it happens again
- O. Give Consequences

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Next Week on "Solutions"

"Unlocking Love's Door: I Deserve Better Than That!"

Resources:

BOOKS:

Rescue Your Love Life

By Drs. Henry Cloud and John Townsend www.integritypublishers.com

How People Grow

By Drs. Henry Cloud and John Townsend www.zondervan.com

9 Things You Simply Must Do

By Dr. Henry Cloud www.integritypublishers.com



New Life Ministries is a fully-equipped resource for the treatment of mental and spiritual health issues.

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Contact Information:

Dr. Henry Cloud

Cloud-Townsend Resources 3176 Pullman Street, Suite 105 Costa Mesa, California 92626 **Phone:** 800-676-4673

Web: www.cloudtownsend.com

Church Communication Network

PO Box 1718 Mt. View, CA 94042 **Phone:** 800-321-6781 **Fax:** 650-745-0660

Email: ccninfo@ccnonline.net

Web: www.ccn.tv

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