



"What Season is Your Relationship In?:
The "Wow" Season"

Featuring: **Dr. John Townsend** 

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### I. Introduction

What is it in a young relationship that "wows" you?
Has that "wow" cost you anything?
Definition of "WOW":
Romantic Idealization
II. Good Aspects of "WOW"
A. Takes us out of isolation
B. Provides a foundation for reality based connections/relationships
C. Every long term successful relationship still has a "WOW"

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## III. Bad Aspects of "WOW"

A. The idealization has more to do with what's in you than about what's in the other person
B. The person needs emotional intensity
C. The person can't be alone
D. Don't see people of the same sex as offering anything to them
E. Don't have a "WOW"
Brokenhearted, don't take risks
• Live life only through tasks
IV. Skills for Dealing with the "WOW"
A. Enjoy it
B. Bring it into community
C. Begin to tell the truth
D. Be able to confess your own dark side
E. Learn to move toward imperfection in others

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### **Next Week on "Solutions"**

# "What Season is Your Relationship In?: Can I Trust You with Me?"

## **Resources:**

### **BOOKS:**

#### **Rescue Your Love Life**

By Drs. Henry Cloud and John Townsend www.integritypublishers.com

#### **How People Grow**

By Drs. Henry Cloud and John Townsend www.zondervan.com

#### **Hiding From Love**

By Dr. John Townsend www.zondervan.com



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### www.newlife.com

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