



CCN WEEKLY SOLUTIONS SERIES
THE WEEK OF NOVEMBER 27, 2006



**“What Season is Your Relationship In?:
Wait a Minute, We're Different!”**

**Featuring:
Dr. John Townsend**

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I. Introduction

Which differences are hardest to take and what are you afraid of?

II. Examples of Differences

- A. Energy levels
- B. Social style
- C. Live the life of the mind vs. life of emotions
- D. Styles of conflict

III. Why Differences are Good

- A. Because God is different
- B. Because we are incomplete people
- C. They Influence our capacity to love
- D. They Bring interest & passion

IV. Where This Comes From

Infancy

- The need for love and safety
- After enough love and safety we are ready for differentness

V. Aspects of What Differentness is About

- A. To be free, make choices
- B. Differentiation - I am not you
- C. Definition - This is who I am

VI. Problems with Differences

- A. No such thing as too many differences
- B. Differences in values
 - Love, God, Truth, Growth, Responsibility
- D. One person is resistant to differences because they are scared
- E. One person is controlling

VII. Skills for Dealing with Differences

- A. Own the problem as yours, not the person's differences
- B. Do the archaeology - where did this come from?
- C. Begin to have a compassionate/empathetic view toward others in one area –
How do they view you?
- D. Experience the benefits of differentness
- E. Stand firm on the values

Next Week on “Solutions”

“What Season is Your Relationship In?: Imperfection Knocks at the Door”

Resources:

BOOKS:

Rescue Your Love Life

By Drs. Henry Cloud and John Townsend
www.integritypublishers.com

How People Grow

By Drs. Henry Cloud and John Townsend
www.zondervan.com

Hiding From Love

By Dr. John Townsend
www.zondervan.com

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