



CCN WEEKLY SOLUTIONS SERIES
THE WEEK OF JANUARY 22, 2007



It's Not My Fault:
Principle #1 You Can Own Your Own Life
&
Principle #2 You Can Always Find a Choice

Featuring:
Dr. Henry Cloud

I. Introduction

Responsibility is not the same as fault

We were created to be fruitful

Where should the line be drawn between an individual's own responsibility to take care of herself and society's responsibility to insure that others shield her?

Why are we like this?

Genesis chapter 3 - It is part of our nature to give over responsibility of our own lives to others in order to feel better in the moment

II. Principle #1 – You Can Own Your Own Life

Take ownership of the problem even though it's not your fault

The concept of personhood

- I have the ability to create and respond to life
- I have the gift of consequences

Take ownership of your patterns

You can take ownership if you realize that you were created to forget about fault all together

III. Principle #2 – You Can Always Find a Choice

Your choices are unlimited

Types of available choices:

- Evaluate the effectiveness of your way of communicating

- Ask the person why they don't respond

- Give consequences

- Go to counseling

- If he doesn't join you in counseling there will be consequences

- If he doesn't join you in counseling you will go to find out what your options are

- Figure out what other people have leverage with him

Change your focus of hope

When the first option doesn't work, go to the next one, and so on

Next Week on “Solutions”

**It’s Not My Fault:
Principle #3 You Can Learn to Think Differently &
Principle #4 You Can Stretch and Risk**

Resources:

BOOKS:

It’s Not My Fault

By Drs. Henry Cloud and John Townsend
www.cloudtownsend.com

How People Grow

By Drs. Henry Cloud and John Townsend
www.zondervan.com

9 Things You Simply Must Do

By Dr. Henry Cloud
www.integritypublishers.com

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