CCN WEEKLY SOLUTIONS SERIES THE WEEK OF APRIL 2, 2007



Hope: Hope Springs Eternal

Featuring **Dr. Henry Cloud**

Psychologist
Best-selling co-author of Boundaries series,
author of How People Grow

I. Introduction

Understanding the anatomy and workings of hope

"My hope is in God": understand what has to be there for that to be so

II. Hoping and wishing are not the same

A wish is 100% subjective

- It comes entirely out of us
- No necessary relation to reality
- "Hope" that's actually a wish is temptation

Hope is not subjective

• We can have hope when it's the last thing we feel

Hope is not orientation toward future

- It has everything to do with the past
- God gives history lessons (the Red Sea, Hebrews 11)
- The infant learning not to despair

We look toward the future as we've gotten from our past

Hope deferred makes the heart sick, but a longing fulfilled is a tree of life. —Prov. 13:12

III. Objective realities that bring about hope

- 1. Character change
 - The "sluggard" of Prov. 15:19: not lazy, but leaning
 - Might there be painful steps ("thorns") you've been avoiding?

The way of the sluggard is blocked with thorns, but the path of the upright is a highway.

—Prov. 15:19

- 2. "A longing fulfilled" (Prov. 13:12)
 - If a longing is never fulfilled, there's no hope
 - You may need positive outcomes—tiny successes—in a different setting
- 3. Wisdom
 - "Things they didn't know that they didn't know"
 - When we learn something new—new patterns—everything changes
 - Sometimes we're just one piece of wisdom away from unlocking the door
- Know also that wisdom is sweet to your soul. If you find it, there is a future hope for you, and your hope will not be cut off.—Prov.

- 4. There is a God who transcends all hopelessness
 - The wind in John 3: look around and see where God has been
 - As Job said: Even though He slay me, yet will I trust Him

Do not let your heart envy sinners, but always be zealous for the fear of the Lord. There is surely a future hope for you, and your hope will not be cut off.
—Prov. 23:17-18

IV. One of two problems

Either we trust in God and don't realize we're "kinda goofy"...

- We need to find out what the problem is that we don't know about
- ... Or some of us are working very hard, but the God piece is missing
 - "Self-help is the ultimate oxymoron"

None of us becomes who we're supposed to be till we open the door to our need for God

Next Week on "Solutions"

Hope: Is Time on Your Side?

Resources:

BOOKS:

Integrity

By Dr. Henry Cloud www.cloudtownsend.com

Changes that Heal

By Dr. Henry Cloud www.zondervan.com

How People Grow

By Dr. Henry Cloud www.zondervan.com



Sponsored In Part By:



New Life Ministries is a fully-equipped resource for the treatment of mental and spiritual health issues.

www.newlife.com

Contact Information:

Dr. Henry Cloud

Cloud-Townsend Resources 3176 Pullman Street, Suite 105 Costa Mesa, California 92626 **Phone:** 800-676-4673

Web: www.cloudtownsend.com

Church Communication Network

PO Box 1718
Mt. View, CA 94042
Phone: 800-321-6781
Fax: 650-745-0660
Email: ccninfo@ccnonline.net

Web: www.ccn.tv