



CCN WEEKLY SOLUTIONS SERIES  
THE WEEK OF SEPTEMBER 17, 2007



# **Secrets of the Good Life, #6: Heart So Pure**

**Featuring**  
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## I. Introduction

It's hard to separate a good life from purity

<sup>2</sup>and he began to teach them, saying: ...  
<sup>8</sup>“**Blessed are the**”

—Matthew 5:2, 8

## II. The pure in heart

Psalm 15: The concepts are all about relationships

<sup>1</sup>LORD, who may dwell in your sanctuary?  
 Who may live on your holy hill?

<sup>2</sup>He whose walk is blameless  
 and who does what is righteous, who  
 speaks the truth from his heart

<sup>3</sup>and has no slander on his tongue, who  
 does his neighbor no wrong and casts no  
 slur on his fellowman,

<sup>4</sup>who despises a vile man but honors those  
 who fear the LORD, who keeps his oath  
 even when it hurts,

<sup>5</sup>who lends his money without usury and  
 does not accept a bribe against the  
 innocent. He who does these things will  
 never be shaken.

—Psalm 15

Two meanings of pure

- That's all there is in it
- That's really what it is

Purity is not just being good, but being one

## III. Lack of purity

God is pure: a multiple personality who never splits

We're divided and fragmented and separated, unlike God

Our anger's not connected to our values, so we express it hurtfully

In purity, we're one person

*Diabolic* means 'compartmentalize'

And there are parts we hide—things in the darkness

Loss and hurt

“Uglies”

This leads to a lack of connection, a shallowness

You’ve got to become what you want

There can be clinical problems

Depression is grief that’s never been purely expressed

Fears, when unearthed, get better

#### **IV. “Fatal attractions”**

Health attracts health, and sickness attracts sickness

If you’re drawn to someone with dysfunction, your dysfunctions are compatible

In the relationship it’s not enough to cry “victim”

Examine what’s in your heart that got you there

Process the hurts—get clean inside

Ask: What am I not facing in myself, and what needs to get better?

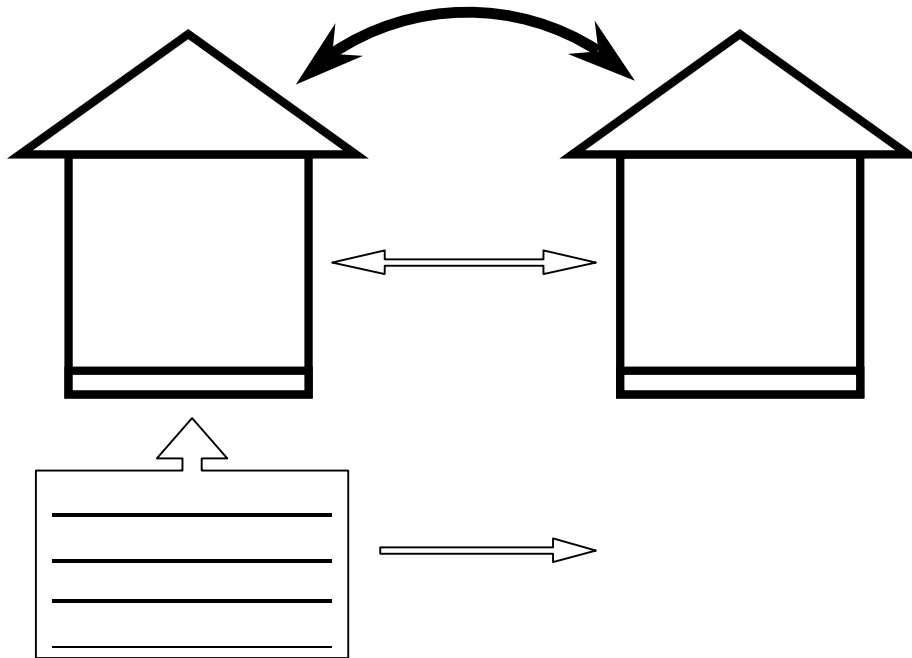
This happens in friendships, too: being drawn to critical people

People who feel not accepted are easy prey to flatterers: it’s not a real relationship

## IV. Good attractions

Good attractions happen when there is “good to good” [4500]

The blueprint of a human:



If you're pure about your need for people, you'll attract others with the same foundation

When you see that, it will feel right to you

When you meet someone detached or unavailable, it won't feel right

You'll see the fruit of the spirit

And you'll see God in your relationships and in your pursuit of your goals

*But solid food is for the mature, who because of practice have their senses trained to discern good and evil.*  
—Hebrews 5:14

## Next week on *Solutions*: “Peace Out!”

### Resources:

#### BOOKS:

***How to Have that Difficult Conversation  
You've Been Avoiding***

By Drs. Henry Cloud and John Townsend  
www.zondervan.com

***Changes that Heal***

By Dr. Henry Cloud  
www.cloudtownsend.com

***Hiding from Love***

By Dr. John Townsend  
www.zondervan.com

***How People Grow***

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