

# CCN WEEKLY SOLUTIONS SERIES THE WEEK OF OCTOBER 1, 2007



# Secrets of the Good Life, #8: Fight for What's Right

# **Featuring**

Dr. John Townsend

Psychologist
Best-selling co-author of Boundaries series,
author of Hiding from Love

#### I. Persecution

Persecution can happen in our deepest and most intimate relationships

You can expect persecution when you do the right thing, but good things happen too

Persecution is someone moving against you as a reaction to right living:

Blame, hurtful criticism

Negating your experience

Gossip

Causes of persecution:

- Light exposes the darkness
- Absence of approval
- Triggering an internal persecutor

#### II. Aspects of persecution

Right living causes movement

Three categories of people affected by right living:

- Wise people who'll grow
- Toxic people who'll persecute
- Foolish people who have hope

Right living is about finding reality and meaning and helping each other grow

10 "God blesses those who are persecuted for doing right, for the Kingdom of Heaven is theirs.

11 God blesses you when people mock you and persecute you and lie about you and say all sorts of evil things against you because you are my followers.

12 Be happy about it! Be very glad! For a great reward awaits you in heaven. And remember, the ancient prophets were persecuted in the same way."

—Matthew 5:10-12

### III. Persecution vs. reaction to my judgment

Often inside a victim mentality is a judge

Sometimes our right living is an attack on somebody else

How to tell the difference:

Do you have compassion for the persecutor?

Do you want their best?

Are you able to promote their freedom?

#### IV. Tips

- Normalize reactions
- Use it to discern character
- Take the stance of "not superior, but happy in movement"
- Learn what to endure and what to nip in the bud [4425]

The more right living you do, the more changes you'll see inside yourself and in your relationships [4740]

# Next week on *Solutions*: "Guilt Free Living"

#### Resources

#### **BOOKS:**

Who's Pushing Your Buttons?

By Dr. John Townsend www.cloudtownsend.com

Hiding from Love

By Dr. John Townsend www.zondervan.com

How People Grow

By Drs. Henry Cloud and John Townsend www.zondervan.com

Loving People (to appear)
By Dr. John Townsend



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