



CCN WEEKLY SOLUTIONS SERIES
THE WEEK OF NOVEMBER 12, 2007



The Secret Things of God, Part 1

Featuring
Dr. Henry Cloud
Psychologist
Best-selling co-author of Boundaries series,
author of The Secret Things of God

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I. The search

“Is there a force we can’t see that governs the entire universe?”

“Is there a secret to Life?”

The Bible is clear that the answer is “yes”—but it’s a personal Force: a Real Person

The Bible teaches that there isn’t just one secret but many: God’s Ways or statutes

As we learn his ways, even when life goes
bad, we can do well

It’s not just up to you do to it on your own

It’s a collaborative relationship with God

²⁰*In the future, when your son asks you, “What is the meaning of the stipulations, decrees and laws the LORD our God has commanded you?” ²¹tell him: “We were slaves of Pharaoh in Egypt, but the LORD brought us out of Egypt with a mighty hand.... ²⁴The LORD commanded us to obey all these decrees and to fear the LORD our God, so that we might always prosper and be kept alive, as is the case today. ²⁵And if we are careful to obey all this law before the LORD our God, as he has commanded us, that will be our righteousness.”*
—Deuteronomy 6:20-25

II. The secret that makes all the other secrets work

Trust

It’s a delusion to think that we are self-sustaining entities

We must open up to the outside world to get anything

We must open up to God and learn to trust him

We have to open to others

Ask yourself:

“Where are my barriers to trusting God and to trusting good people?”

“What are the areas I’ve been holding onto for myself and not trusting Him with?”

III. God's secrets about happiness

- There is no such thing as “disconnected and happy”

You have different biochemical responses when connected vs. isolated

We are not wired to be in this alone

- Your thoughts affect the way you feel

We don't control the universe by our thoughts

But there is such a thing as a self-fulfilling prophecy

“Personal, pervasive, and permanent”: won't succeed

- You're only going to be as happy as you are free

We weren't created to be in bondage

⁹*Two are better than one, because they have a good return for their work:*

¹⁰*If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up!*

¹¹*Also, if two lie down together, they will keep warm. But how can one keep warm alone? ¹²Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.*

—Ecclesiastes 4:9-12

...take captive every thought to make it obedient to Christ.

—2 Corinthians 10:5

**Next week, *Solutions* will break for Thanksgiving.
We will return the week of November 26 with
“The Secret Things of God, Part 2”**

Resources

BOOKS:

The Secret Things of God: Unlocking the Treasures that are Reserved for You

By Dr. Henry Cloud

www.cloudtownsend.com

Integrity

By Dr. Henry Cloud

www.cloudtownsend.com

Changes that Heal

By Dr. Henry Cloud

www.cloudtownsend.com

Boundaries

By Drs. Henry Cloud and John Townsend

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