



CCN WEEKLY SOLUTIONS SERIES
THE WEEK OF NOVEMBER 26, 2007



The Secret Things of God, Part 2

Featuring
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Best-selling co-author of Boundaries series,
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I. Introduction

Every entity has relationship problems—including God

God has given us principles about relationships

II. Secret 1: What God reveals about relationships

We all live under this delusion: we think there's one step to Eden

But there's no such thing

We think the answer to our relationship problems lies outside of ourselves

Ask yourself:

“What do *I* need to do to learn to be better in my ability to relate?”

III. Secret 2: You attract to yourself relationships that fit you

People attract certain types of people into their lives

They have patterns that fit our unresolved patterns

*Keep thy heart with all
diligence; for out of it
are the issues of life.
—Proverbs 4:23*

What comes into our life is somehow coming out of our life

As we become more like light, we attract light and repel darkness

As we change, the toxic people will go away and different people show up

There are no “good ones” out there when there are no “good ones” in there

IV. Secret 3: Misplaced trust opens the door to misery

The key to the universe is the secret of trust

Our well-being depends on our ability to open up and take in what we need

Trust is neutral; it's the object of trust that's positive or negative

The door will take in whatever surrounds you

Your trust muscle is the same way: what you take in is up to you

If you had only trusted trustworthy people, what pain in your life would not have existed?

A righteous person is cautious in friendship.
—Proverbs 12:26

Good people hurt us, but it's not devastating

Use your trust muscle, but choose your food of life well

³I will refuse to look at anything vile and vulgar. I hate all who deal crookedly; I will have nothing to do with them. ⁴I will reject perverse ideas and stay away from every evil. ⁵I will not tolerate people who slander their neighbors. I will not endure conceit and pride. ⁶I will search for faithful people to be my companions. Only those who are above reproach will be allowed to serve me. ⁷I will not allow deceivers to serve in my house, and liars will not stay in my presence.

—Psalm 101:3

Who can you trust?

The ones whose behavior is trustworthy based on their actions and track record

“Bring forth fruits worthy of repentance.”

—Luke 3:8

Listen and validate the other person before doing anything else

We're too slow to listen, too quick to get angry

Handle your anger well

“Good and mad” preserves relationships

“Good and not mad” kills relationships

Anger is your soul's immune system

Next week on *Solutions*: “The Secret Things of God, Part 3”

Resources

BOOKS:

The Secret Things of God: Unlocking the Treasures that are Reserved for You

By Dr. Henry Cloud

www.cloudtownsend.com

Integrity

By Dr. Henry Cloud

www.cloudtownsend.com

Changes that Heal

By Dr. Henry Cloud

www.cloudtownsend.com

Boundaries

By Drs. Henry Cloud and John Townsend

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