



CCN WEEKLY SOLUTIONS SERIES  
THE WEEK OF MARCH 30, 2009



# **The World of Temptation, 2: Lust for More**

**Featuring**

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*and The One-Life Solution*

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## I. Introduction

What lust really means is ‘desire’

Desire is not necessarily a bad thing

The essence of desire is fulfillment—and lack of fulfillment

## II. Lust and addiction

What an addiction is and where it comes from: Ephesians 4

Lust and addiction is a problem in desire

Darkening in understanding

The family’s supposed to teach God’s ways: how to live a healthy life

In the classic addiction/lust family, certain other ways are lived out

- Secrecy vs. openness
- Hiding vs. sharing
- Alienation vs. confrontation
- Preying on the weak vs. helping the wounded
- Shame vs. forgiveness

That leads down a path of separation from the life of God

## III. The life God created

Infants have hunger

Kids come into life desiring life

A normal baby, filled, burps: “That was filling”

As children grow and have real desires, they are satisfied

An internalized structure: The tree of life becomes part of them

Fulfilling and building a person

What if you got tweaked in your relationship?

Those patterns we learn keep us from having the life of God

Life becomes unavailable

“Past feeling”

*A desire accomplished is  
sweet to the soul  
—Proverbs 13:19*

*Hope deferred makes  
the heart sick, but desire  
fulfilled is a tree of life.  
—Proverbs 13:12*

“A continual lust for more”

It’s like a feast of cardboard: you’re still hungry

Real life has less space

The Church has failed by just saying “Stop the behavior”

This is not an answer; it doesn’t get to the heart of the problem

#### **IV. “Get a life!”**

The problem: Separation from life

We’re designed to be connected to God and His Life

The lust for more is desire that has nowhere to go

We try to meet the hungers symbolically

Meeting our needs in the life God provided

The Bible, summed up: “Get a life!”

The idolator is always in control of the idol

The idol has no value in and of itself

#### **V. Surrender**

Instead of being God, we surrender to God and submit to His Life

The addict learns the only kind of control we’re designed to have: self-control

People and life-giving experiences: that’s your life

1 Corinthians: our lives will pass through the fire that will burn up all that’s not real

Losing it all vs. losing a lot of money

Your desire is what God has put in you for the things that last

## Small Group Discussion Questions

### Lust for More

1. What desire do you think God wants you to fulfill? How do you know?
2. How can you help someone with whom you're in community not have to hide?
3. In what do you need to work on more self-control? Or what do you need to surrender?
4. What in your life do you think will survive the fire of 1 Corinthians?

**Next week on *Solutions*:  
The World of Temptation, 3: “Little White Lies”**

## Resources

**Ultimate Leadership workshop**  
www.cloudtownsend.com

***The One-Life Solution***  
by Dr. Henry Cloud  
www.cloudtownsend.com

***Lessons from San Quentin:  
Everything I Learned about Life, I  
Learned in San Quentin***  
by Bill Dallas  
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***Changes that Heal***  
by Dr. Henry Cloud  
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