Dr. Henry Cloud

SOLUTIONS

S-968

Outline

All in the Family

Your family of origin has a huge impact on the person you are today. God is a relational person, and he has decided to grow people using the nuclear family. The family is the place where you are supposed to learn how to connect, how to become a whole, healthy, functioning person, and how to live. If your family didn't know how to teach this, you end up incomplete. This topic is not about blaming our families, as there are no perfect families - it's about learning how to do life differently. As adults, we need to figure out how to get what our family didn't give us. This session will give you the answers you desire.

Small group discussion questions:

1) What patterns in your family of origin affected you the most?

2) How do you see the results of this in your present life?

3) What do you need to receive and learn? Where will you do it?