

Outline

Why Our Relationships Need Goals

We have goals in many areas of life, so why not have goals for our significant relationships? Maybe you simply never considered it - or maybe you think that setting objectives for relationships will be too much work. There is much to be gained from taking time to come up with aspirations that are important to both parties. Goals can help you improve the quality of all of your important relationships: you can become more intentional about intimacy, define how to handle conflict, and become more creative about finding common interests. Join Dr. Townsend as he gives us some great ideas to consider in designing our relational goals.

Small group discussion questions:

1) Have you already established goals for your relationships? If not, why haven't you?

2) Which of your significant relationships would be improved by having a few goals?

3) Which principle mentioned would be the greatest catalyst to bring about change?