

## Outline

### Why People Cheat

Cheating can happen in a variety of relationships—including business, friendship, dating and marriage. When we think of cheating, adultery most often comes to mind. Cheating is an action that begins in the heart. Dr. Cloud will discuss the most common reasons people give to explain why they cheat—and he will dispute the validity of these excuses. You may be surprised to learn why people cheat. Dr. Cloud will also list what is necessary in order to really know, and be known by, the people we care about.

#### Small group discussion questions:

1) After listening to the list given, have you identified something that helps you understand why your spouse or significant person may have cheated? (This is not intended to justify the behavior, but to help you better understand what happened.)

2) Which areas of relationship can you begin to work on – for either an existing relationship or a future one?

3) What can you do now, to work on these problem areas?